



# SPRING NEWSLETTER


## — 2023 —

### 5 Things to Know About Medicare Insulin Costs

1. As of January 1st, 2023, your Medicare drug plan can't charge you more than \$35 for a one-month supply of each Part D-covered insulin product, and you don't have to pay a deductible for your insulin.

2. If you get a 2- or 3-month supply of Part D-covered insulin, your costs can't be more than \$35 for each month's supply. You'll pay \$35 (or less) for a one-month supply of each Part D-covered insulin product, even if you get Extra Help to lower your prescription drug costs.

3. If you use a covered insulin product and decide you'd like to be in a different Part D plan for 2023, you can add, drop, or change your Part D coverage one time between now and December 31st, 2023.



4. If you use a disposable insulin patch pump, you'll

continue to get your insulin through your Part D plan, and the insulin for your pump won't cost more than \$35 for a month's supply of each covered insulin product.


5. If you use a traditional insulin pump that's covered under Medicare Part B's durable medical equipment benefit, the \$35 cap on your insulin costs starts July 1st, 2023.

### DID YOU KNOW?

Medicare only covers 80% of eligible medical expenses.

You've paid into Medicare all your life, but unfortunately, you're on the hook for 20% coinsurance, which can become quite costly if you ever have a medical emergency.

We recommend looking at Medicare Supplements to pick up that 20% co-insurance!



# SAVE THE DATE

**March 12** Daylight Saving Time

**March 17** St. Patrick's Day

**April 1** April Fool's Day

**April 7** Good Friday

**April 9** Easter Sunday

**April 18** Tax Deadline

**May 5** Cinco de Mayo

**May 14** Mother's Day

**May 29** Memorial Day

MEDICAID RENEWAL LETTERS

## IS YOUR MAILING ADDRESS UP TO DATE?

Visit [mydss.mo.gov](http://mydss.mo.gov) and select 'report a change' to update your address on file.

## HONEY-PEACH SORBET

- 2 lb. frozen peaches, slightly thawed
- 1/3 cup margarita
- 1/4 cup honey
- 1/2 tsp. pure vanilla extract
- kosher salt

### Directions

In a food processor, puree peaches, margarita, honey, vanilla extract, and a pinch of kosher salt until smooth.

Serve immediately or transfer to a loaf pan and freeze until ready to serve.

## Medicaid Renewals / Redeterminations are Coming Back April 1, 2023.

### A few things to keep in mind:

- The state will send mail to Medicaid members to inform them of the requirement to re-verify eligibility.
- United Healthcare / BeneLynk will also mail information to dual members about their Medicaid status. The letters will come from BeneLynk but will appear to come from United Healthcare, so it won't look like junk mail. BeneLynk can also assist members with the Medicaid re-verification process.
- Each state has 12 months to re-verify all Medicaid members.

Read more about the kind of mail you'll get from CMS here: <http://smsteam.net/medicare-mail-cheat-sheet/>

LICENSED SALES AGENT